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Suggested Installation Instructions for Product Number: [146-099 Body Lift Kit](#)

WARNING: Extreme caution should be exercised when using this kit. We urge you to employ all safety measures available when using this product to prevent any injury. Please read the following instructions carefully before beginning.

- Step 1. The removal of Rocker Panel Covers is recommended.
- Step 2. Locate the metal railing that runs along the side of your Corvette under the Rocker Panel.
- Step 3. Two straps are 68" long and two are 70" long. Use them in pairs, either front or rear, depending on the year of car and how many items have been removed from the body.
- Step 4. With the sling hanging above the body, attach the straps to the steel railing just forward of the doors. Make sure the hooks are inside the steel railing. (The steel railing does not run the entire length of the rocker panel area.)
- Step 5. Attach the other pair of matching length straps to the rear area just in front of the door gap area, making sure the hooks are in contact with the steel railing.
- Step 6. While starting to lift check for parts still attached to the body. Also check the balance. Balance can be adjusted by moving location of the straps in the appropriate position.
- Step 7. With all areas checked, lift the body and remove the frame from under the body.
- Step 8. Immediately lower on a suitable cart or trailer as soon as possible, being careful not to get between the body and the surface.

NOTE: For a detailed "body pull checklist" and body lift video, we highly recommend Noland Adams Restoration Video #3 (#600-167).